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Last Name	First Name	MI	Nickname
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Mailing Address	City	State	Zip
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Home Phone	Cell Phone	Work Phone
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Date Of Birth	Social Security Number	E-Mail
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Employer	Address	Employer Phone
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Spouse Name	Spouse Employer	Phone #
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Emergency Contact	Phone Number
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Have you had Physical Therapy this year at any other location? \_\_\_\_\_ If yes, how many visits? \_\_\_\_\_

How did you hear about us?    Physician Office    Phone Book    Newspaper  
 Facebook    Insurance Co    Family/ Friend \_\_\_\_\_  
(Please tell us who so we can thank them)

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If Under Age 18, please complete the following:

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Name of Parent or Guardian	Social Security Number	Date of Birth
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Mailing Address	City	State	Zip
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Phone Number	Work Phone
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Employer	Address	Employer Phone
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Insurance Information:

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Insurance Company	Policy Number	Group Number
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Address	City	State	Zip Code	Phone Number
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Work Injury/ Motor Vehicle Accident Information:

Is today's visit a result of an injury or accident    No    Yes   If yes (please circle)   WORK   AUTO   OTHER

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Accident Insurance Company	Adjuster Name	Adjuster Phone Number
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Claim Number	Insurance Co Address	State	City	Zip Code
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### Patient Condition

Reason for visit: \_\_\_\_\_

When did your symptoms appear? \_\_\_\_\_

Is this condition getting progressively worse?  Yes  No  Unknown

Are you having trouble sleeping?  Yes  No

Normal Hours of sleep \_\_\_\_ Current hours of sleep \_\_\_\_

Have you had any treatment for your current condition?  
(Check all that apply)

- Hospitalization  Bracing/ Taping/ Casting  Physical Therapy  
 Surgery  TENS/ Stimulation Unit  Injections  Chiropractic  
 Acupuncture  OTHER \_\_\_\_\_

Before the onset of my current symptoms (or prior to injury) I was:

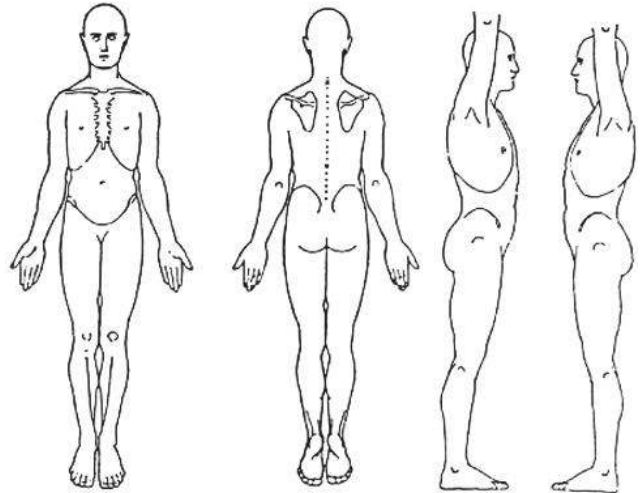
- Independent in all activities  Independent with self-care only  
 Needing assistance with some activities  Needing assistance with most activities  
 Dependant for all care

Please mark your level of pain at rest

No Pain Worst Pain Imaginable

**0 - 1 - 2 - 3 - 4 - 5 - 6 - 7 - 8 - 9 - 10**

Mark an X on the picture where you continue to have pain, numbness or tingling



Please mark your level of pain with activity

No Pain Worst Pain Imaginable

**0 - 1 - 2 - 3 - 4 - 5 - 6 - 7 - 8 - 9 - 10**

### Health History

- |  |   |
|--|---|
| <input type="checkbox"/> Heart Problems            | <input type="checkbox"/> Difficulty swallowing              |
| <input type="checkbox"/> Fainting or dizziness     | <input type="checkbox"/> A wound that does not heal         |
| <input type="checkbox"/> Shortness of breath       | <input type="checkbox"/> Unusual skin condition             |
| <input type="checkbox"/> Calf pain with exercise   | <input type="checkbox"/> Lung disease/ problems             |
| <input type="checkbox"/> Severe headaches          | <input type="checkbox"/> Arthritis                          |
| <input type="checkbox"/> Recent Accident           | <input type="checkbox"/> Swollen/ painful joints            |
| <input type="checkbox"/> Head trauma/ Concussion   | <input type="checkbox"/> Irregular Heartbeat                |
| <input type="checkbox"/> Muscular weakness         | <input type="checkbox"/> Stomach pain or ulcer              |
| <input type="checkbox"/> Cancer: _____             | <input type="checkbox"/> Back or neck injuries              |
| <input type="checkbox"/> Joint dislocation         | <input type="checkbox"/> Pain with cough or sneeze          |
| <input type="checkbox"/> Broken bones              | <input type="checkbox"/> Stroke                             |
| <input type="checkbox"/> Difficulty sleeping       | <input type="checkbox"/> Muscular pain with activity        |
| <input type="checkbox"/> High blood pressure       | <input type="checkbox"/> Frequent falls                     |
| <input type="checkbox"/> Mouth numbness            | <input type="checkbox"/> Chest Pain or pressure at night    |
| <input type="checkbox"/> Kidney disease            | <input type="checkbox"/> Epilepsy/ seizures/ convulsions    |
| <input type="checkbox"/> Liver disease             | <input type="checkbox"/> Constant pain unrelieved with rest |
| <input type="checkbox"/> Weakness or fatigue       | <input type="checkbox"/> Nervous or emotional problems      |
| <input type="checkbox"/> Bowel/ bladder problems   | <input type="checkbox"/> Diabetes: Type ____                |
| <input type="checkbox"/> Balance problems/ Vertigo | <input type="checkbox"/> Hernia                             |
| <input type="checkbox"/> Swollen ankles or legs    | <input type="checkbox"/> Blurred visions                    |
| <input type="checkbox"/> Tremors                   | <input type="checkbox"/> Circulatory problems               |
| <input type="checkbox"/> Night pain while sleeping | <input type="checkbox"/> Jaw problems                       |
| <input type="checkbox"/> Unexplained weight loss   | <input type="checkbox"/> Any infectious disease _____       |
| <input type="checkbox"/> Pregnancy                 | <input type="checkbox"/> OTHER _____                        |

#### HABITS

Smoking Packs/ day \_\_\_\_  
 Alcohol Drinks/ week \_\_\_\_  
 Coffee/ Caffeine drinks Cups/ Day \_\_\_\_  
 High Stress Level Reason \_\_\_\_\_

#### ALLERGIES

\_\_\_\_\_

#### PRIOR SURGERIES

\_\_\_\_\_

#### MEDICATIONS

\_\_\_\_\_

#### WORK ACTIVITY

- Employed  Employed with restrictions  
 On Medical Leave  
 Not employed  Retired

#### EXERCISE

Type \_\_\_\_\_ Times/  
 week \_\_\_\_\_

**CONSENT TO PHYSICAL THERAPY TREATMENT/AUTHORIZATION TO PAY/RELEASE OF INFORMATION:**

I authorize ADAPT Physical Therapy to render treatment, as it/ they determine necessary, to me/ my dependant. I understand that I will be given all pertinent information prior to the treatment being rendered. I will be given the opportunity to ask questions and to have them answered. I understand I may decline treatment at any time.

I authorize ADAPT Physical Therapy to bill my health insurance for services rendered. All payments received will be applied to my balance. I will be responsible for all co-pays/ coinsurance and deductibles that may apply. I understand that ADAPT Physical Therapy will bill my insurance as a courtesy to me but not as an obligation. Although ADAPT Physical Therapy will help to verify and assist in understanding my benefits, it is ultimately my responsibility and I will not hold ADAPT Physical Therapy responsible for any misunderstanding or misinterpretation of insurance benefits. I understand that any charges not paid by my insurance company are due and payable by me.

MEDICARE PATIENTS ONLY – I authorize payment of Medicare benefits to ADAPT Physical Therapy for services rendered and I authorize release of medical information to the Centers for Medicare and Medicaid Services.

I have been given the Notice of Patient’s Rights and I consent to Physical Therapy treatment. A photocopy of this signed document shall be considered as valid as the original.

_____	_____	_____	_____
<b>Signature</b>	<b>Date</b>	<b>Patient or Parent/Guardian</b>	<b>Date</b>

**Designated Individuals Authorization**

Please list below any spouse, parent, child, etc that ADAPT Physical Therapy may release your confidential medical record/ information and/ or financial account information pertaining to this office. In addition, in the event that we are unable to reach you directly, by phone, and you would like to request that your protected health information be left on a personal voice message system(s), please indicate below the number(s) that provide the access to the voice message system that we may leave a detailed message on.

In signing this agreement, I hereby authorize the staff at ADAPT Physical Therapy to release any protected health information regarding my treatment, payment or administrative operations related to treatment and payment for services received at ADAPT Physical Therapy to one or all of the designated parties listed below. I understand it is my responsibility to update this list as I deem necessary and that the identity of the designated parties must be verified before the release of any information.

**Name:** \_\_\_\_\_ **Relationship:** \_\_\_\_\_

**Name:** \_\_\_\_\_ **Relationship:** \_\_\_\_\_

**Name:** \_\_\_\_\_ **Relationship:** \_\_\_\_\_

**Patient Signature** \_\_\_\_\_ **Date:** \_\_\_\_\_

**ACKNOWLEDGEMENT OF NOTICE OF PRIVACY PRACTICES**

I understand that Aaron D Anders Physical Therapy Inc. will use and disclose health information about me in the course of providing physical therapy care to me.

I understand that my health information may include information both created and received by the clinic, may be in the form of written or electronic records or spoken works, and may include information about my health history, health status, symptoms, examinations, test results, diagnoses, treatments, procedures, prescriptions, and similar health-related information.

I understand that the clinic is permitted to use and disclose my health information in order to:

- Make decisions about and plan for my care and treatment;
- Refer to/or consult and coordinate with other health care providers in the course of my treatment;
- Determine my eligibility for health plan or insurance coverage, and submit bills, claims and other related information to insurance companies or others who may be responsible to pay for some or all of my health care; and
- Perform various office, administrative and business functions that support the clinic's ability to provide me with appropriate care, including provision of medical supplies and equipment and, and arrange for payment.

I understand that the Notice of Privacy Practices may be revised from time to time and that I am entitled to receive a copy of any revised Notice of Privacy Practices upon request and that a copy or a summary of the most current version of the clinic's Notice of Privacy Practices in effect will be posted in the waiting/reception area.

I understand that the Notice of Privacy Practices describes how I can exercise my right to ask that some or all of my health information not be used or disclosed, and I understand that the clinic is not required to by law to agree to such requests.

By signing below, I agree that at any time I may have a copy of this clinic's Notice of Privacy Practices.

By: \_\_\_\_\_

Patient

Date: \_\_\_\_\_

-OR-

By: \_\_\_\_\_

Patient Representative

Date: \_\_\_\_\_

Description of Representative's Authority: \_\_\_\_\_

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For Office Use Only

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We attempted to obtain written acknowledgement of receipt of our Notice of Privacy Practices, but acknowledgement could not be obtained because:

- Individual refused to sign
- Communication barriers prohibited obtaining the acknowledgement
- An emergency situation prevented us from obtaining acknowledgement
- Other (Please Specify)